

STEPR 'ALL IN' TREAD

USER MANUAL

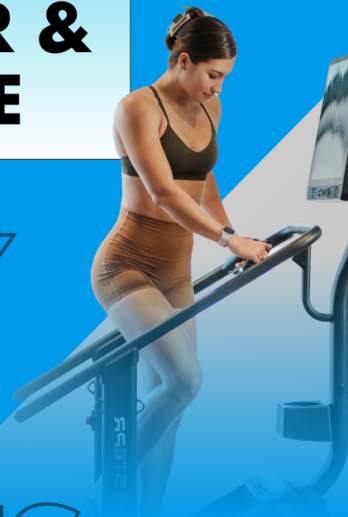


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EVERY
STEP
COUNTS

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BEFORE YOU START

It is the sole responsibility of the purchaser of STEPR products to read the owner's manual, warning labels and instruct all individuals, whether they are the end user or supervising personnel on proper usage of the equipment. It is recommended that all users of STEPR exercise equipment be informed of the following information prior to its use. STEPR recommends that all commercial fitness equipment be used in a supervised area. It is recommended that the equipment be located in an access-controlled area. Control is the responsibility of the facility owner. The extent of control is at the discretion of the owner.

SAFETY INSTRUCTIONS

PROPER USAGE

- Do not use any STEPR equipment in any way other than designed or intended by the manufacturer. It is imperative that all STEPR equipment is used properly to avoid injury.
- Keep hands and feet clear at all times from moving parts to avoid injury.
- The product must be correctly assembled and tested before operation.
- The equipment must be installed indoors in a location free of moisture and dust.
- Regularly check operation and component parts of the machine. Securely tighten any loose fittings or connections. To ensure that the safety level of this bike is maintained, examine components for wear and tear on a regular basis. Components that are excessively worn or inoperable should be replaced immediately or the bike should be put out of use until it is repaired.

BEFORE YOU START

- Routinely protect all metal and plastic surfaces with Lanolin Spray. Spray onto a cloth and wipe surfaces. Note- Do not apply Lanoline directly to the machine.
- It is the purchaser's sole responsibility to properly instruct its end users and supervising personnel as to the proper operating procedures of all STEPR equipment.

CHECK FOR DAMAGED PARTS

- DO NOT use any equipment that is damaged and or has worn or broken parts. Use only replacement parts supplied by STEPR.
- MAINTAIN LABELS AND NAMEPLATES: Do not remove labels for any reason. They contain important information. If unreadable or missing, contact STEPR or your re-seller for a replacement.
- SECURING EQUIPMENT: All equipment MUST be installed on a solid, level surface to stabilize and eliminate rocking or tipping over. Ensure leveling feet are set properly and locked into position.
- MAINTAIN ALL EQUIPMENT: Preventative maintenance is the key to smooth operating equipment as well as keeping your liability to a minimum. Equipment needs to be inspected at regular intervals.
- Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so.

BEFORE YOU START

SPECIFIC OPERATING WARNING

- Always operate the equipment in accordance with these instructions.
- The treadmill should be placed on a flat surface. It is recommended to place the treadmill on a floor mat to prevent damage to the floor or carpet.
- The treadmill should be kept indoors to prevent moisture and dust. Sharp objects should not be placed around it.
- When using the STEPR 'ALL IN' Tread, wear comfortable clothing and preferably sports or aerobic shoes. Do not wear robes or other clothing that may trip over the equipment.
- Do not spill food or drink on the product.
- Children under the age of 12 are not allowed to use the machine.
- Keep pets away from this machine.
- The maximum weight supported by the STEPR 'ALL IN' Tread is 160kg/350lbs.
- Only one user at a time is permitted to use the STEPR 'ALL IN' Tread.
- Do not set speed too fast to avoid falling and injury.
- Routinely inspect all bolts, nuts and fixings are secure. Tighten where needed.
- Routinely check the machine for smooth operation, feeling for loose cranks, rough bearings or belts, and listen for any abnormal noises like squeaks or clunks.
- Do not allow users to wear loose fitting clothing while using equipment. It is also recommended to have users secure long hair back and up to avoid contact with moving parts.

BEFORE YOU START

- Do not use the treadmill if it is found working abnormally.
- Keep children away from all exercise machines. Parents or others supervising children must provide close supervision of children if the equipment is used in the presence of children.
- UNDERSTANDING EACH AND EVERY WARNING TO THE FULLEST IS IMPORTANT. IF ANY OF THESE WARNINGS ARE UNCLEAR, ASK FOR CLARIFICATION FROM STEPR PERSONELL OR THE EQUIPMENT RESELLER.
- Injuries may result if exercising improperly or excessively. It is recommended that all individuals consult a physician prior to commencing an exercise program. If at any time during exercise you feel faint, dizzy or experience pain, stop and consult your physician.
- Do not exceed maximum user weight of 160kg/350lbs.

DANGER

- Do not wet the surface of the STEPR 'All In' Tread with any liquids. Cleaning involves only the use of a fine mist sprayer or a damp cloth.
- Any liquid container in proximity to the STEPR 'All In' Tread must have a tight-fitting cap or lid. Do not use the STEPR 'All In' Tread if a liquid has been spilt on any surface.

BEFORE YOU START

ATTENTION

- Please consult your physician before commencing any exercise program.
- Clearance must be obtained from a health professional if suffering from any of the following health conditions of the user:
 - Pregnancy
 - Heart disease
 - High blood pressure
 - Diabetes
 - Chronic respiratory disease
 - High cholesterol
 - Cigarette related or other chronic disease
 - Physical disability.
- Stop exercising immediately if you are experiencing any of the following symptoms. dizziness, chest pain, nausea, or any other health abnormality during exercise. Please consult your physician before continuing the exercise.
- A qualified engineer or recognized service agent must conduct any repair or maintenance work.

WARNING

- The STEPR 'ALL IN' Tread is user powered. The user controls the speed of the movement.
- There is no emergency stop function in the STEPR 'ALL IN' Tread.
- Every user must become familiar with the mechanism and functions before using the STEPR 'ALL IN' Tread.

BEFORE YOU START

- Every user must become familiar with the mechanism and functions before using the STEPR 'All In' Tread.
- Ensure entry to the STEPR 'All In' Tread is via the rear, gripping the handles when embarking or disembarking.
- The STEPR 'All In' Tread must be installed vertically on a hard, level surface.
- Keep hands away from all moving surfaces and components.
- Do not allow a towel or clothing to become caught in the moving surface of the STEPR 'All In' Tread.
- Shoelaces must be enclosed and short enough not to touch the foot pedals.
- Do not wear high heels, or shoes with leather soles.
- Always use the handles when embarking or disembarking the STEPR 'All In' Tread.
- Examine the STEPR 'All In' Tread regularly for safe operation.

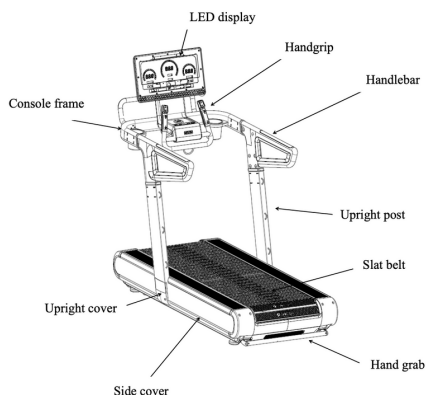
CAUTION

- The following safety sign is affixed to the STEPR 'All In' Tread.



INSTALLATION & ASSEMBLY

PRODUCT PROFILE



PRODUCT DIMENSIONS:

893cm(L) x 185.3cm(W) x 170cm(H) / 351" x 73" x 67"

INSTALLATION

It is important that the STEPR 'ALL IN' Tread is correctly assembled, and we recommend that installation and assembly shall be carried out by suitably qualified personnel.

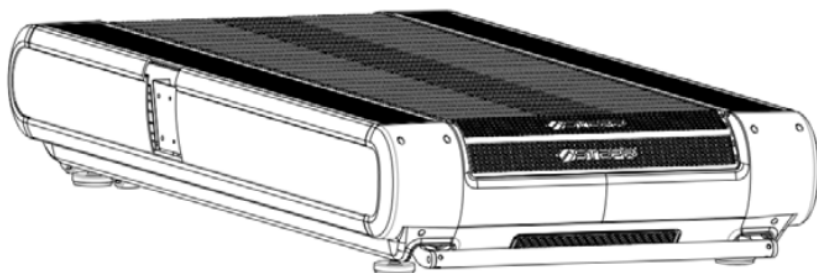
PRECAUTIONS

- Before assembling, make sure that you have enough space around the machine.
- Use the supplied tools for assembling.
- Before assembling please check whether all the supplied parts are available.
- It is recommended that this machine is assembled by two or more persons to avoid any injury or damage to the machine.

ASSEMBLY STEPS

STEP 1

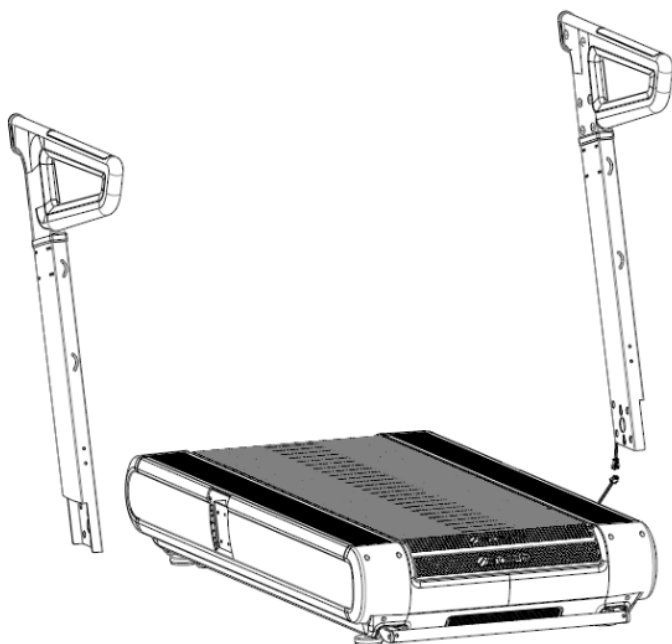
1. Take the treadmill base out of the carton and place it on the level floor (as shown);



ASSEMBLY STEPS

STEP 2

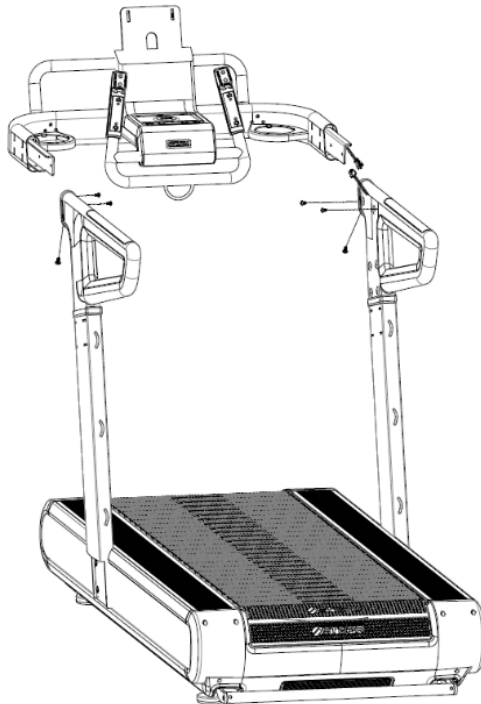
1. Connect the communication wire in the right upright, tuck the excess wire inside the upright compartment.
2. Attach the right upright onto the right upright clamp ring by aligning the screw holes with 4pcs of M10 * 30 * 20 bolt, but don't tighten the bolts.
3. Same assembly step for left upright, only without communication wire.



ASSEMBLY STEPS

STEP 3

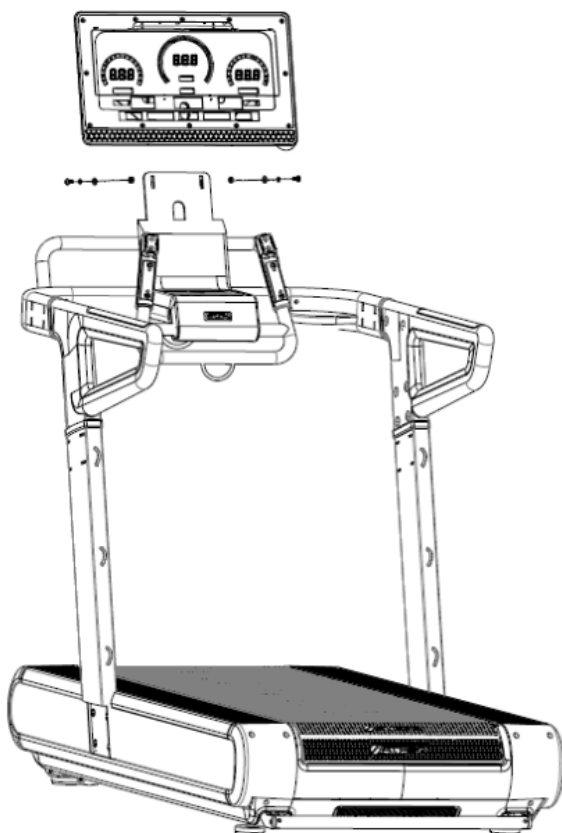
1. As picture shown, connect the communication wire between console frame and handlebar, and tuck the excess wire into the handlebar.
2. Insert the console frame clamp ring into the handlebar, align the hole and fix the inner side by 4pcs of M8 * 20 bolts, tighten the bolts and cover the hole plug; Then fix the handlebar from the bottom by 2pcs of M8 * 20 bolts. Tighten all upright bolts.



ASSEMBLY STEPS

STEP 4

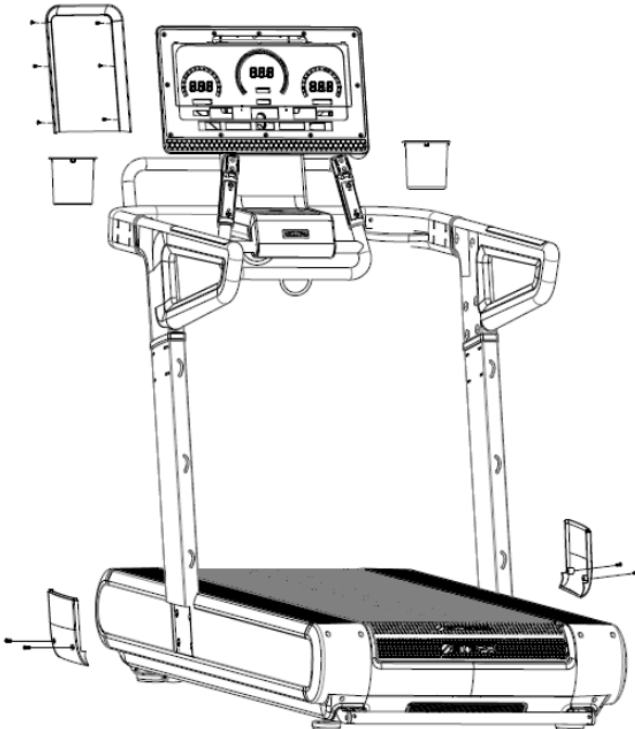
1. Take out the LED display from the packaging box, attach the LED display onto the console neck plate by aligning the holes, use 2pcs of M8 * 30 * 20 bolts through the flat washer Φ 8 and elastic washer Φ 8, finally tighten with M8 nuts.



ASSEMBLY STEPS

STEP 5

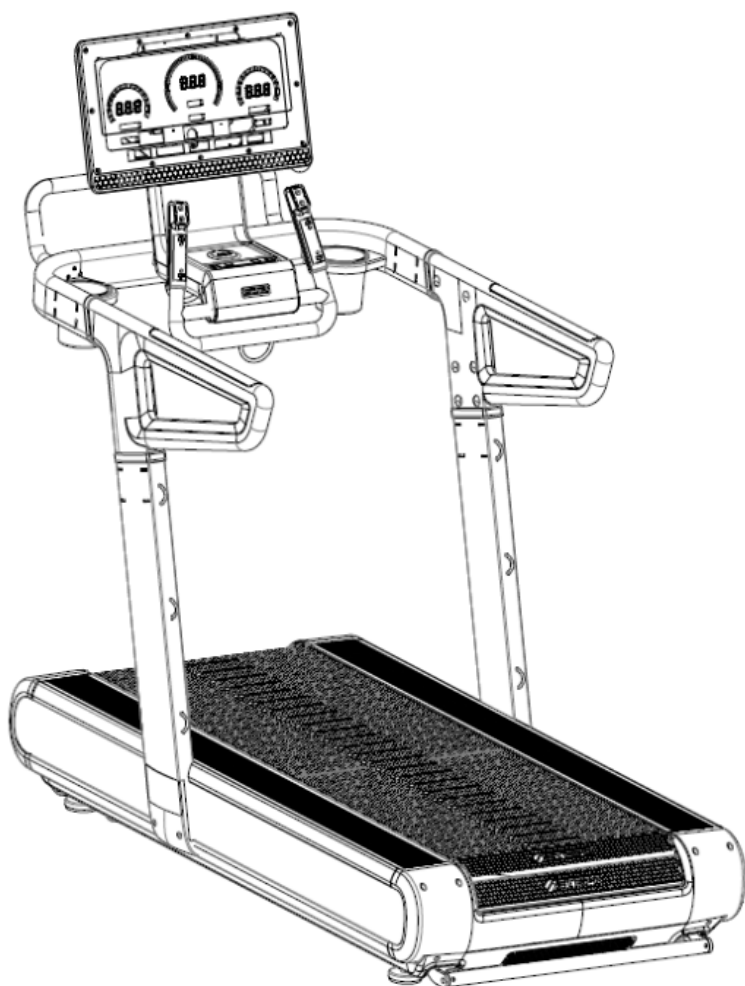
1. As picture shown, fix front and rear cover of the console neck by aligning the holes, use 4pcs of ST4 * 16 screws for the bottom, and another 2ea M4 × 10 bolts for the upper.
2. Then, fasten the left and right upright post covers and align the holes. Secure them with four self-tapping bolts (ST4*16) and install the bottle holder.



ASSEMBLY STEPS

STEP 6

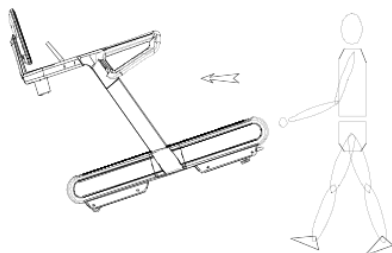
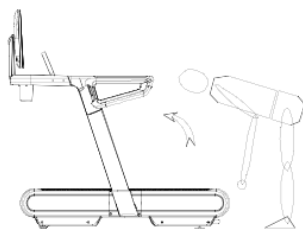
1. The assembly is completed, as below picture.



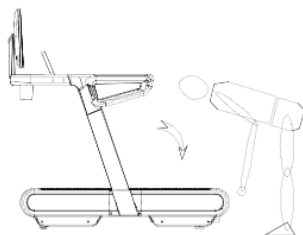
MOVING THE TREADMILL

Make sure follow things before moving

1. Restore incline to the lowest position;
2. The power switch of treadmill is off;
3. Unplug from power point before folding.
Then seize the treadmill terminal with both hands and lift the deck up until you stand up straight. Thus you can move the treadmill forward or backward slowly.



When find the right position, put it slightly down to the ground.



MAINTENANCE

Like any other mechanical cycling device, the STEPR 'ALL IN' Tread should be maintained regularly.

DAILY MAINTENANCE

- Daily cleaning and inspection, and lubrication will keep the STEPR 'ALL IN' Tread in optimal condition.
- Listen out for any unusual noise and loose components. Do not ignore but address the issue immediately.
- The following is the recommended maintenance schedule. In environments with severe pollution, the frequency of inspections and maintenance should be increased.

WEEKLY MAINTENANCE

- Clean the frame and plastic surfaces with a soft cloth or brush. Do not use abrasive cleaning materials or brushes. Protect all metal surfaces with Lanolin Spray. Spray onto a cloth and wipe surfaces. NOTE – Do not apply Lanoline to handles and/or Foot plates or pedals.
- Clean the console with a soft cloth.
- Check all bearings, pedals, handlebar, seat adjustment knobs/ratchet are still secure and functioning optimally. If required, tighten crank arms, handlebars, footrests/pedals.

MAINTENANCE

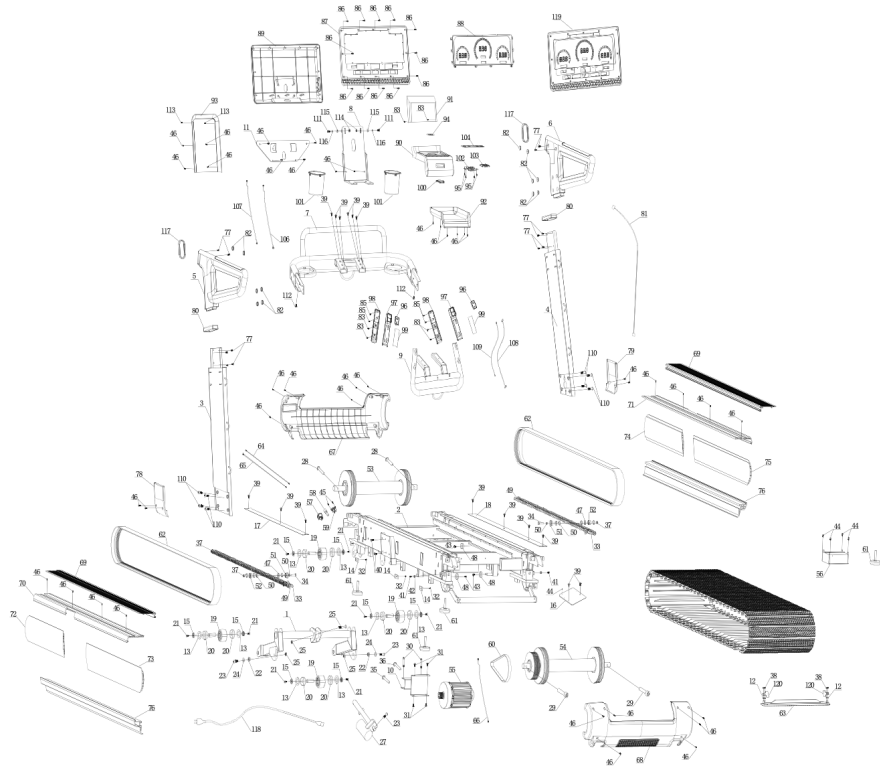
SIX MONTHLY MAINTENANCE

- Check belt tension. Call a service agent if in doubt.
- Inspect main frame bolts.

TWELVE MONTHLY MAINTENANCE

- Tighten main frame bolts and feet bolts.

EXPLODED DIAGRAM



PARTY LIST

No.	Description	Qty	No.	Description	Qty
1	Incline frame	1	61	Universal foot pad	4
2	Main frame	1	62	Lateral belt	2
3	Left upright	1	63	Slat	60
4	Right upright	1	64	Power connection cable	1
5	Left handlebar	1	65	Power connection cable	1
6	Right handlebar	1	66	Communication wire L-500mm/5PIN	1
7	Console frame	1	67	Front guard cover	1
8	Console fixed plate	1	68	Rear guard cover	1
9	Handle grip	1	69	Non-slip plate	2
10	Motor fixed seat	1	70	Left upper side rail	1
11	Console neck plate	1	71	Right upper side rail	1
12	Washer	120	72	Left front side rail	1
13	Bearing gasket	8	73	Left rear side rail	1
14	Connecting threaded plate	6	74	Right front side rail	1
15	Outer end cap	8	75	Right rear side rail	1
16	Dustproof plate	1	76	Lower side rail	2
17	Left main frame baffle	1	77	Allen full thread bolt	12
18	Right main frame baffle	1	78	Left upright cover	1
19	Wheel	12	79	Right upright cover	1
20	Deep groove ball bearing R12Z	14	80	Upright sleeve	2
21	Allen full thread bolt M6×15	8	81	Communication wire	1
22	Powder metallurgy sleeve Φ22	2	82	Hole plug	12
23	Allen half thread bolt M10×35×20	3	83	Philips self-tapping screw ST3×10	6
24	Flat washer Φ10	2	85	Philips self tapping screw ST2.5×8	4
25	Hex lock nut M10	3	86	Philips self tapping screw ST4×15	12
26	Allen half thread bolt M10×65×20	1	87	LED panel overlay	1
27	Incline motor	1	88	Display frame	1
28	Allen full thread bolt M12×110	2	89	Panel back cover	1
29	Allen full thread bolt M12×60	2	90	Upper console cover	1
30	Allen half thread bolt M10×70×20	2	91	Upper console cover 2	1
31	Allen full thread bolt M8×20	4	92	Lower console cover	1
32	Allen full thread bolt M6×30	6	93	Console neck cover	1
33	Allen full thread bolt M8×30	90	94	Wireless charging pad	1
34	Allen full thread bolt M8×45	18	95	Philips self tapping screw ST4×12	4
35	Allen full thread bolt M8×55	1	96	Handgrip keypress	2
36	Allen full thread bolt M8×80	1	97	Front pulse cover	2
37	Hex lock nut M8	108	98	Rear pulse cover	2
38	Hex lock nut M5	240	99	Pulse sensor	2

PARTY LIST

39	Allen full thread bolt M8×15	8	100	Wireless charging fixed part	1
40	Allen full thread bolt M8×15	4	101	Water bottle	2
41	Allen full thread bolt M8×30	2	102	Safety key plate	1
42	Hex nut M8	2	103	Safety key	1
43	Allen full thread bolt M6×15	4	104	Silicone pad	1
44	Allen full thread bolt M4×16	5	106	Communication wire L-900mm	1
45	Philips self tapping screw ST3×10	2	107	Handgrip wire L-600mm	1
46	Philips self tapping screw ST4×16	36	108	Safety key wire L-500mm	1
47	Bearing	126	109	Keypress wire L-500mm	1
48	Deep groove ball bearing	4	110	Allen half thread bolt M10×30×20	8
49	Sleeve Φ12×Φ8.1×7	126	111	Allen half thread bolt M8×30×20	4
50	Elastic circlip for hole Φ23	54	112	Allen full thread bolt M8×20	2
51	Guiding wheel Φ34×Φ26×Φ22×13	18	113	Philips full thread bolt M4×10	2
52	Bearing sleeve Φ26×Φ22×12	18	114	Hex lock nut M8	2
53	Front roller	1	115	Flat washer Φ8	2
54	Rear roller	1	116	Elastic washer Φ8	2
55	Servo motor	1	117	Handlebar sleeve	2
56	Controller	1	118	Power cord	1
57	Power switch	1	119	Console	1
58	Fuse	1	120	Rubber pad	120
59	Power socket	1	121	handrail	1
60	Motor belt 270PJ10	1	122	Allen full thread bolt M12×20	2

STEPR CONSOLE



CONSOLE FUNCTION

Display instruction – 6 LED display windows

- **Distance:** Displays the distance
- **Calories:** Displays the calories
- **Time:** Displays the time
- **Incline:** Displays the incline and the steps
- **Pulse:** Displays the heart rate
- **Speed:** Displays the speed. In the resistance mode, the resistance will be displayed. When in manual mode it shows 0.

STEPR CONSOLE

INSTRUCTIONS OF FUNCTION KEY:

START/PAUSE, STOP, SPEED+/-, INCL+/-, RUNNING, MANUAL, RESISTANCE, fast incline key 0,3,6,9,15, fast speed key 3,5,7,9,12, PROG (program), MODE.

- **START/PAUSE:** The "START/PAUSE" button is the start/pause key. When the treadmill is in the off state, press this button to start the treadmill at the lowest speed. When the treadmill is in operation (RUNNING mode), press this button to stop the treadmill and enter the pause state.
- **STOP:** Press this key to stop the treadmill while it is running, all data is cleared. If press this key during Pause, the treadmill will return to standby mode, and all data is cleared.
- **SPEED+ and SPEED-:** Press this button to increase/decrease the speed, It can be used to adjust the setting value when setting parameters on the treadmill. After the treadmill is started, under related mode, it can be used to adjust the speed (0.1/ time), the resistance value (1/ time), and hold more than 0.5 second to keep increasing/decreasing automatically.
- **INCL+/-:** To increase/decrease the incline, After the treadmill is started, it can be used to adjust the incline (0-15%), (each time by 1%), and hold more than 0.5 second to keep increasing/decreasing automatically.
- **RUNNING:** "RUNNING": This button is for the running mode. Press it when the treadmill is off to enter the running mode.

STEPR CONSOLE

- **MANUAL:** "MANUAL": This button is for the unpowered mode. Press this button when the treadmill is off to enter the unpowered mode.
- **RESISTANCE:** "RESISTANCE": This button is for the resistance mode. Press this button when the treadmill is turned off, and the treadmill will enter the resistance mode.
- **Fast incline key on console:** Press INCLINE (0,3,6,9,15) to go to set incline directly when the treadmill is in use.
- **Fast speed key on console:** Press Speed (3,5,7,9,12) to go to set speed directly when the treadmill is in use.
- **PROG:** press this key to select program. In standby mode, P1-P36, custom modes U1-U3, HRC1-HRC3, and BMI can be selected in turns. P1-P36 is fixed program with set time, press START key to start the program. For custom modes U1-U3, HRC1-HRC3, and BMI (Body mass index), when selected, press "MODE" key to enter the corresponding mode.
- **MODE:** The MODE key is the selection button for the countdown mode. When the device is in standby mode, it will display "countdown", "countdown distance", or "countdown calories" in sequence. In the corresponding mode, by pressing the "+" or "-" keys for speed and the "+" or "-" keys for elevation, you can increase or decrease the target value. After setting, press the start button to begin the movement.

STEPR CONSOLE

SAFETY KEY

The safety key is composed of a touch switch, a clothes clip and a nylon rope, and it has a safety feature for emergency shutdown.

1. In any situation, if you pull off the safety key, all the windows will display "---", and the buzzer will sound three times. If the motor is running, the motor will be immediately stopped, and the keyboard of the console will be unavailable for operation.
2. After placing the safety key in place, the system will enter the default working state: all counters will be reset, the set values will be reset, and the treadmill will be in the normal running mode.

PULSE FUNCTION

When the treadmill is powered on, place both hands on the pulse sensor in handgrip, "PULSE" window will display your heart rate. For more accurate heart rate, stand on the treadmill and measure when the treadmill stops, and hold the pulse sensor no less than 30seconds. The initial value is the actual heart rate, display range 50-200 times/min.

NOTE: These data can only be used for reference and cannot be regarded as medical data

STEPR CONSOLE

BMI FUNCTION

Body mass index (BMI) is a measure of the relationship between user height and weight.

1. When the treadmill stops, press PROG key to select BMI.
2. CALORIE window shows set value, PULSE shows function input value.
3. When entering BMI, the window displays F1, which is default gender, use speed "+" "-" to adjust gender.
4. Press MODE key, the window displays F2, which is default age, use speed "+" "-" to adjust age.
5. Press MODE key, the window displays F3, which is default height, use speed "+" "-" to adjust height.
6. Press MODE key, the window displays F4, which is default weight, use speed "+" "-" to adjust weight.
7. Press MODE key, the window displays F5, and enter BMI. Place both hands on pulse sensor on the handgrip, Within 8 seconds, DISTANCE window shows BMI value.

Set value and range (table 1)

Value	default	Set range	Remark
Gender (F1)	1 (Male)	1—2	1=Male 2=Female
Age (F2)	25	Age 10—99	
Height (F3)	170cm	100-200cm	
Weight (F4)	70kg	20-150kg	

BMI reference (table 2)

(BMI)	Degree
FAT<19	Thin
19>FAT≤25	Normal
25>FAT≤29	Heavy
FAT>30	Fat

NOTE: These data can only be used for reference and cannot be regarded as medical data.

STEPR CONSOLE

CUSTOM USER MODE

There are three custom modes U-1, U-2, and U-3, and users can access or set their own exclusive exercise program. Press the "PROG" key to adjust to U-1, U-2, U-3. Press the speed or incline "+" "-" to adjust the workout time. Press START key to start the workout. In USER mode, press the "MODE" key to set speed or incline in each segment.

User mode settings: Press the "MODE" key to set your own exclusive program's 10 segment speed and incline. When setting SPEED, press the speed + - key or fast speed key to set the required speed. After setting, press the MODE key to enter the next segment. When setting INCLINE, press INCL + - key or fast incline key to set the required slope. After setting, press the MODE key to enter the next segment. When setting the final segment, the data will be automatically saved. Press the MODE key to set the TIME, default 30:00 minutes, press either speed or incline + - key to adjust the time. After setting, press "START" key to start workout, and the user exclusive program is saved, when the user runs it next time, this mode can be selected again.

STEPR CONSOLE

HRC MODE

In standby mode, keep pressing the "PROG" key to select heart rate control programs HRC1, HRC2, and HRC3. Firstly, the TIME window flashes and displays the preset time, press either speed / incline + - key to adjust time; After setting time, press the "MODE" key to adjust age, press either speed / incline + - to adjust age; After setting age, press the "MODE" key to enter heart rate setting, press either speed / incline +- to set target heart rate; After setting, press "START" to start workout. During operation, the speed will be automatically adjusted to ensure that the user's heart rate reaches and remains the target heart rate.

THE VALUE RANGE

	start	Set start value	Set range	Display range
time(min: second)	0:00	N/A	N/A	0:00~99:59
Speed (Km/h)	0.0	N/A	N/A	1—22km/h
Incline	0	N/A	N/A	0—15
Distance (KM)	0.0	N/A	N/A	0.0—99.9
Calories (Cal)	0.0	N/A	N/A	0—999
Resistance	0	N/A	N/A	5-36

WIRELESS CHARGING

To use the wireless charging function, make sure your device is compatible with this feature. Place your device in the centre well on the console tray, connection should be automatic.

STEPR CONSOLE

BLUETOOTH HEARTRATE

It can be connected to Bluetooth heart rate bands. Operation steps: Wear the device (the heart rate strap should be close to the lower of the chest). Turn on the device and activate the "heart rate matching" function of the treadmill; After a successful pairing, the heart rate data will be synchronized to the treadmill screen in real time.

APP CONNECTIVITY

Below are the apps which are able to connect to your machine, each can be downloaded from the apple app store or google play store by scanning the corresponding QR codes.



SLEEPING

In standby mode, when no operation for 10minutes, the treadmill display will be OFF.

SHUTDOWN

The treadmill can be turned off at any time by turn the power switch off, which will not damage the treadmill.

PROGRAM DATA

PROG/ Segment	Type	1	2	3	4	5	6	7	8	9	10
P1	SPEED	1	2	2	3	3	3	3	2	2	1
	INCL	0	0	1	1	2	2	1	1	0	0
P2	SPEED	1	2	2	3	4	4	3	2	2	1
	INCL	0	0	2	3	4	4	3	2	0	0
P3	SPEED	1	2	2	3	4	4	3	2	2	1
	INCL	0	0	3	7	4	4	7	3	0	0
P4	SPEED	1	2	2	3	3	3	3	2	2	1
	INCL	0	0	3	7	4	4	7	2	0	0
P5	SPEED	1	2	2	3	4	4	3	2	2	1
	INCL	0	0	2	4	6	8	4	2	0	0
P6	SPEED	1	2	2	4	4	6	4	2	2	1
	INCL	0	0	3	4	5	7	7	3	0	0
P7	SPEED	2	3	4	6	6	9	6	4	4	2
	INCL	0	0	2	4	4	6	4	2	0	0
P8	SPEED	1	2	2	4	4	9	9	9	8	4
	INCL	0	0	2	4	8	9	9	2	0	0
P9	SPEED	2	3	3	6	6	9	6	3	3	2
	INCL	0	0	9	9	8	4	3	3	0	0
P10	SPEED	1	2	2	4	4	4	4	6	4	3
	INCL	0	0	2	2	4	9	9	9	0	0
P11	SPEED	2	4	4	6	6	6	6	9	4	1
	INCL	0	0	9	9	9	3	4	3	0	0
P12	SPEED	1	3	3	6	9	6	9	9	6	4
	INCL	0	0	9	9	9	9	9	8	0	0
P13	SPEED	4	9	4	9	4	9	4	9	4	9
	INCL	0	0	4	8	9	8	9	9	0	0
P14	SPEED	2	3	3	6	9	6	9	9	6	3
	INCL	0	0	4	8	9	8	9	9	0	0
P15	SPEED	4	6	9	9	9	9	9	6	4	2
	INCL	0	0	2	3	4	4	3	2	0	0
P16	SPEED	2	4	4	9	4	9	4	9	4	9
	INCL	0	0	2	4	5	4	5	6	0	0
P17	SPEED	2	2	2	4	6	9	6	2	2	2
	INCL	0	0	2	4	6	6	4	2	0	0
P18	SPEED	3	6	3	6	6	6	6	2	2	2
	INCL	0	0	2	6	8	6	8	2	0	0
P19	SPEED	4	9	4	9	4	9	4	9	4	9
	INCL	0	0	9	8	6	8	6	4	0	0
P20	SPEED	4	9	4	9	4	9	4	9	4	9
	INCL	0	0	9	8	2	8	2	2	0	0

PROGRAM DATA

P21	SPEED	2	6	2	6	9	6	9	2	6	2
	INCL	0	0	9	8	2	8	2	2	0	0
P22	SPEED	4	6	9	6	2	6	2	2	4	2
	INCL	0	0	2	4	9	8	9	2	0	0
P23	SPEED	4	6	9	6	6	6	6	2	2	2
	INCL	0	0	2	3	4	9	9	2	0	0
P24	SPEED	4	6	9	6	4	6	4	2	4	2
	INCL	0	0	4	4	5	9	9	2	0	0
P25	SPEED	2	4	3	4	3	3	7	3	9	3
	INCL	1	2	3	3	1	5	5	6	5	0
P26	SPEED	2	5	4	6	4	7	5	3	5	2
	INCL	1	2	3	3	2	3	4	5	3	0
P27	SPEED	2	5	4	5	4	6	5	3	4	2
	INCL	1	2	2	3	1	3	3	3	3	0
P28	SPEED	2	6	7	4	4	8	5	3	5	2
	INCL	4	5	6	6	9	9	2	9	7	0
P29	SPEED	2	4	6	8	7	9	7	3	4	2
	INCL	3	5	4	4	3	5	5	4	4	0
P30	SPEED	2	4	5	5	6	6	7	4	4	2
	INCL	3	5	3	4	2	4	5	3	4	0
P31	SPEED	3	6	7	5	8	6	9	7	4	3
	INCL	2	2	3	3	2	3	5	7	3	0
P32	SPEED	3	6	7	5	8	7	8	7	5	3
	INCL	1	2	4	3	2	3	5	6	3	0
P33	SPEED	2	8	6	4	5	9	8	6	5	3
	INCL	2	2	6	2	3	5	3	3	3	0
P34	SPEED	2	3	5	3	3	6	4	7	4	3
	INCL	4	4	3	6	7	9	9	7	4	0
P35	SPEED	2	5	8	9	6	9	6	4	3	2
	INCL	1	3	5	8	1	8	7	4	3	0
P36	SPEED	2	5	5	4	4	7	5	3	4	4
	INCL	3	5	6	7	9	9	9	9	7	0

ERROR CODES

Error	Possible Cause	Trouble shooting methods
System failure	A 、 The power supply is not connected or not turned on	Connect to the power supply, or turn the power switch to the "ON" position
	B 、 Safety key is not in place	Put the safety key in place
	C 、 The transformer is not inserted in place or is bad	Check and connect the transformer or replace the transformer.
	D 、 circuit break	Check the system input and output terminals and communication wire
Sudden stop under normal conditions	A 、 the safety key is pulled out	Insert the safety key in place
	B 、 abnormal system	Contact customer service team
keypress failure	button invalid	1 、 Replace the keypress board and related cable, 2 、 Replace the main board, 3 、 Replace the console
E-01	A 、 Poor contact of communication line	Connect the communication line again and check whether the port is inserted in place or replace the communication line.
	B 、 Defective console	Replace console
E-02	B 、 Poor connection between motor wire and controller, or bad controller	Check and reconnect or replace controller
E-03	D 、 bad controller	Replace the controller
E-04	Incline calibration process	It will disappear after calibration
E-05	A 、 Too much friction on the running belt	add lubricant
	B 、 Damaged controller	Replace controller
	C 、 damaged motor	Replace the motor
E-06	Defective motor wire and motor	1.Check whether the motor wire is connected 2.replace the motor
no heart rate shown	A 、 The pulse wire is not inserted in place or the pulse wire is not good	Check & connect or replace the pulse wire
	B 、 The console is faulty	Replace the Console
E-07	Safety protection	Check the Safety device or replacement of console.

DUTY OF CARE ACKNOWLEDGEMENT

DUTY OF CARE ACKNOWLEDGEMENT: I acknowledge & understand that the fitness equipment being supplied by **STEPR** to our Facility must be used correctly and that incorrect use could potentially result in injury. Accordingly, as part of our 'Duty of Care', I understand that it is our responsibility to ensure:

1. That all equipment users, prior to using the equipment must receive a comprehensive induction, by a qualified fitness professional, in the correct use and safe operation of the fitness equipment. As part of the equipment induction process, we must ensure that patrons are made aware of the safety 'Warning' labels on each machine and that reference is made to the exercise Instructional Placards' fitted to equipment.
2. It is understood that many of the machines, can be used for a wide range of exercise options, making it impossible to provide an instructional placard for every exercise option & variant. Accordingly, the equipment purchaser acknowledges that it is the responsibility of the exercise facility to instruct and supervise users in the safe, correct and appropriate use of these machines.

PLEASE NOTE - Any piece of fitness equipment is capable of being pulled over if used incorrectly. It is the buyer's responsibility to determine if they wish to fix the equipment to the floor.



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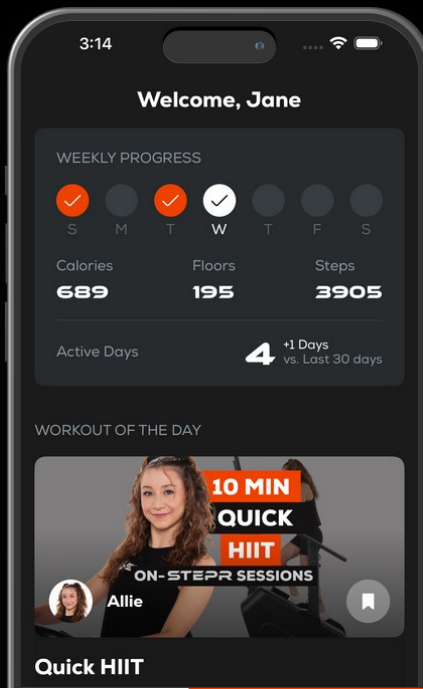
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