STEPR SKI XL VPR™

USER MANUAL

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It is the sole responsibility of the purchaser of STEPR products to read the owner's manual, warning labels and instruct all individuals, whether they are the end user or supervising personnel on proper usage of the equipment. It is recommended that all users of STEPR exercise equipment be informed of the following information prior to its use. STEPR recommends that all commercial fitness equipment be used in a supervised area. It is recommended that the equipment be located in an access-controlled area. Control is the responsibility of the facility owner. The extent of control is at the discretion of the owner.

SAFETY INSTRUCTIONS

PROPER USAGE
- Do not use any STEPR equipment in any way other than designed or intended by the manufacturer. It is imperative that all STEPR equipment is used properly to avoid injury.
- Keep hands and feet clear at all times from moving parts to avoid injury.
- The product must be correctly assembled and tested before operation.
- The equipment must be installed indoors in a location free of moisture and dust.
- Regularly check operation and component parts of the machine. Securely tighten any loose fittings or connections. To ensure that the safety level of this bike is maintained, examine components for wear and tear on a regular basis. Components that are excessively worn or inoperable should be replaced immediately or the bike should be put out of use until it is repaired.

BEFORE YOU START

- Routinely protect all metal and plastic surfaces with Lanolin Spray. Spray onto a cloth and wipe surfaces. Note- Do not apply Lanoline directly to the machine.
- It is the purchaser's sole responsibility to properly instruct its end users and supervising personnel as to the proper operating procedures of all STEPR equipment.

CHECK FOR DAMAGED PARTS

- DO NOT use any equipment that is damaged and or has worn or broken parts. Use only replacement parts supplied by STEPR.
- MAINTAIN LABELS AND NAMEPLATES: Do not remove labels for any reason. They contain important information. If unreadable or missing, contact STEPR or your re-seller for a replacement.
- SECURING EQUIPMENT: All equipment MUST be installed on a solid, level surface to stabilize and eliminate rocking or tipping over. Ensure leveling feet are set properly and locked into position.
- MAINTAIN ALL EQUIPMENT: Preventative maintenance is the key to smooth operating equipment as well as keeping your liability to a minimum. Equipment needs to be inspected at regular intervals.
- Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so.

SPECIFIC OPERATING WARNING

- Always operate the equipment in accordance with these instructions.
- Do not remove your feet from the pedals or your hands from the handlebar while they are in motion.
- Do not dismount the bike until both the pedals and handlebars have come to a complete stop.
- • Do not attempt to use this bike at high speeds or in standing positions until you have practiced and are comfortable at lower speeds.
- Do not spill food or drink on the product.
- Children under the age of 12 are not allowed to use the machine.
- Keep pets away from this machine.
- The maximum weight supported by the STEPR Performance VPR Ski trainer is 160kg/350lbs.
- Only one user at a time is permitted to use the STEPR Performance VPR Ski trainer.
- Never drop or insert any object into any opening on this machine.
- Routinely inspect all bolts, nuts and fixings are secure. Tighten where needed.
- Routinely check the machine for smooth operation, feeling for loose cranks, rough bearings or belts, and listen for any abnormal noises like squeaks or clunks.
- Do not allow users to wear loose fitting clothing while using equipment. It is also recommended to have users secure long hair back and up to avoid contact with moving parts.

BEFORE YOU START

- When adjusting any seat, handlebar mechanism, make certain that the adjusting pin is fully engaged in the hole or slot to avoid injury.
- Keep children away from all exercise machines. Parents or others supervising children must provide close supervision of children if the equipment is used in the presence of children.
- UNDERSTANDING EACH AND EVERY WARNING TO THE FULLEST IS IMPORTANT. IF ANY OF THESE WARNINGS ARE UNCLEAR, ASK FOR CLARIFICATION FROM STEPR PERSONEL OR THE EQUIPMENT RESELLER.
- Injuries may result if exercising improperly or excessively. It is recommended that all individuals consult a physician prior to commencing an exercise program. If at any time during exercise you feel faint, dizzy or experience pain, stop and consult your physician.
- Do not exceed maximum user weight of 160kg/350lbs.

DANGER
- Do not wet the surface of the STEPR Performance VPR Ski Trainer with any liquids. Cleaning involves only the use of a fine mist sprayer or a damp cloth.
- Any liquid container in proximity to the STEPR Performance VPR Ski Trainer must have a tight-fitting cap or lid. Do not use the STEPR Performance VPR Ski Trainer if a liquid has been spilt on any surface.

BEFORE YOU START

ATTENTION
- Please consult your physician before commencing any exercise program.
- Clearance must be obtained from a health professional if suffering from any of the following health conditions of the user:
  - Pregnancy
  - Heart disease
  - High blood pressure
  - Diabetes
  - Chronic respiratory disease
  - High cholesterol
  - Cigarette related or other chronic disease
  - Physical disability.
- Stop exercising immediately if you are experiencing any of the following symptoms. dizziness, chest pain, nausea, or any other health abnormality during exercise. Please consult your physician before continuing the exercise.
- A qualified engineer or recognized service agent must conduct any repair or maintenance work.

WARNING
- The STEPR Performance VPR Ski trainer is user powered. The user controls the speed of the movement.
- There is no emergency stop function in the STEPR Performance VPR Ski trainer.
- Every user must become familiar with the mechanism and functions before using the STEPR Performance VPR Ski trainer.

BEFORE YOU START

- Ensure entry to the STEPR Performance VPR Ski trainer is via the rear, gripping the handles when embarking or disembarking.
- The STEPR Performance VPR Ski trainer must be installed vertically on a hard, level surface.
- Keep hands away from all moving surfaces and components.
- Do not allow a towel or clothing to become caught in the moving surface of the STEPR Performance VPR Ski trainer.
- Shoelaces must be enclosed and short enough not to touch the foot pedals.
- Do not wear high heels, or shoes with leather soles.
- Always use the handles when embarking or disembarking the STEPR Performance VPR Ski trainer.
- Examine the STEPR Performance VPR Ski trainer regularly for safe operation.

CAUTION
- The following safety sign is affixed to the STEPR Performance VPR Ski trainer.

⚠ **CAUTION**

CONSULT YOUR PHYSICIAN BEFORE USING THIS EQUIPMENT

STOP EXERCISING IF YOU FEEL DIZZY OR SHORT OF BREATH

INSTALLATION & ASSEMBLY

TECHNICAL SPECIFICATIONS
The STEPR Performance VPR Ski trainer does not require any electrical wall outlet. The STEPR Performance VPR Ski trainer is a non-motorized product.
The STEPR Performance VPR Ski trainer uses unique patented Variable Pitch Resistance (VPR) to provide an unprecedented wide, user controlled resistance range.

PRODUCT DIMENSIONS:
139cm(L) x 77cm(W) x 215cm(H) / 54.5" x 30" x 84.5"

INSTALLATION
It is important that the STEPR Performance VPR Ski trainer is correctly assembled, and we recommend that installation and assembly shall be carried out by suitably qualified personnel.

PRECAUTIONS
- Before assembling, make sure that you have enough space around the machine.
- Use the supplied tools for assembling.
- Before assembling please check whether all the supplied parts are available.
- It is recommended that this machine is assembled by two or more persons to avoid any injury or damage to the machine.
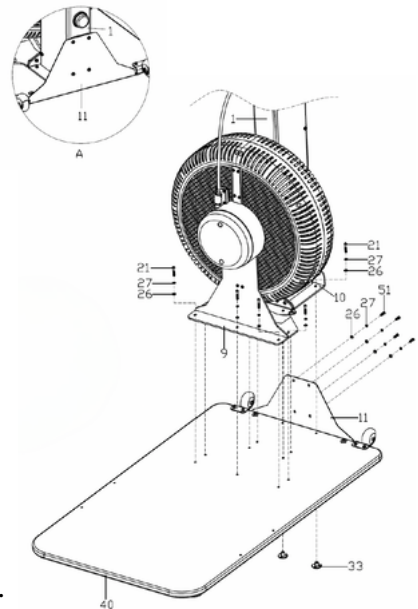
ASSEMBLY STEPS

STEP 1

1. Insert the 2 T-nuts (33) into the 2 outside holes of the L shape reinforcement plate (11);

2. Align the Nuts (33) and L shape reinforcement plate (11) with the predrilled holes at the bottom of the Main Timber Base (40) from the back, then lock with pan head bolt (21), spring washer (27) and flat washer (34) from the top of the Base.
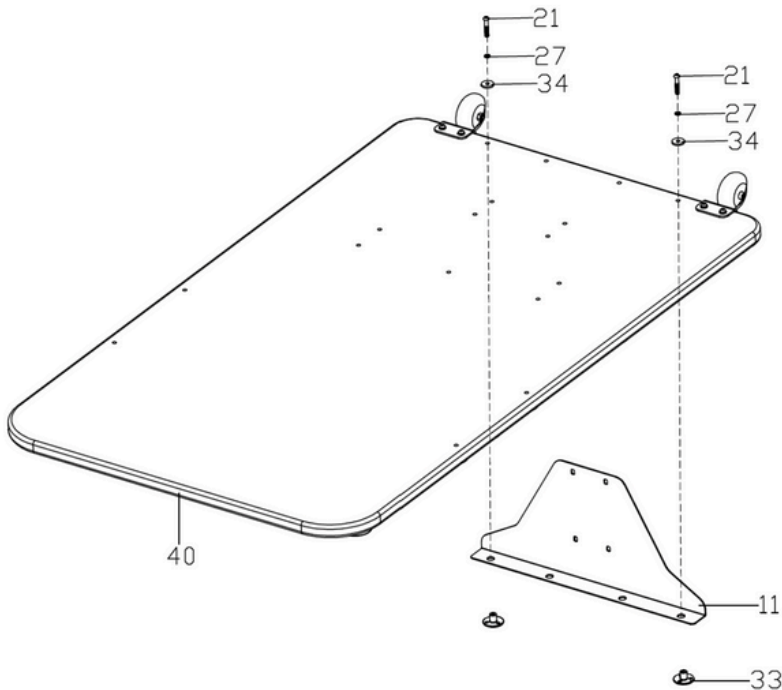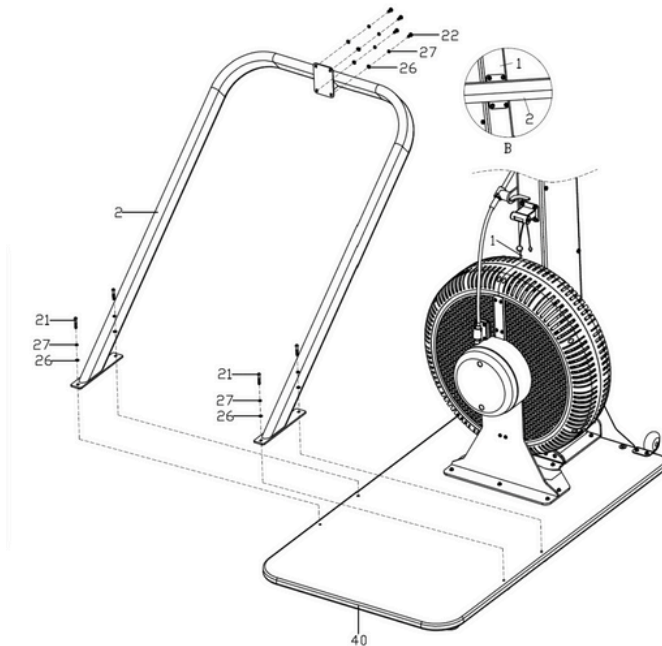
ASSEMBLY STEPS

STEP 2

1. Insert the other 2 T-nuts (33) into the L shape plate (11) and the main timber base (40) from the bottom;

2. Place the Main Frame (1) on the Main Timber Base (40) aligning with the L-shape Plate and the predrilled holes as shown below, pre-lock the L shape reinforcing plate (11) to the Main Frame (1) with the pan head screw (51), spring washer (27) and flat washer (26);

3. Lock the support plate (9) and U shape frame (10) on the bottom plate (40) with the pan head bolt (21), spring washer (27) and flat washer (26) respectively;

4. Lock main frame (1) with 4 sets pan head bolts (51), spring washer (27) and flat washer (26) from the back;

5. Securely lock all the bolts.
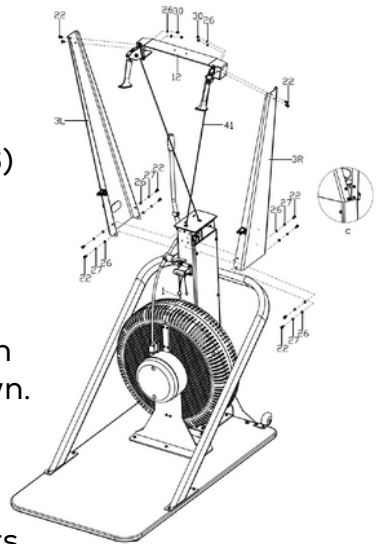
ASSEMBLY STEPS

STEP 3

1. Place the support U-frame (2) around the main frame (1) to the bottom plate (40), align the holes and pre-lock it to the main frame (1) with the pan head screw (22), spring washer (27) and flat washer (26).

2. Lock the U-frame to the main timber base with 4 sets pan head bolts (21), spring washer (27) and flat washer (26).

3. Check and securely lock all the bolts.
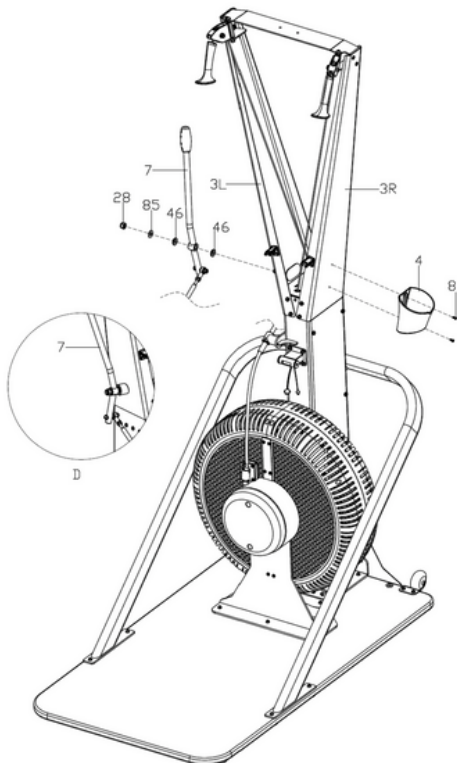
ASSEMBLY STEPS

STEP 4

1. Lay down the pre-assembled Main Frame assembly on the back to the floor;

2. Pre-lock the Left/Right Top Frames (3L/R) to the top section of main frame (1) with 4 sets pan head bolts (22), spring washers (27) and flat washers (26) as indicated below figure C;

3. Pull the Top Bracket (12) assembly with the Drive Cords (41) towards the top end of the Left/Right Top Frame (3L/R), align the holes and lock with 4pcs pan head screws (22), flat washer (26) and Nyloc nuts (30).
   - **NOTE** – Be mindful with the 2 drive cords (41) to ensure they are not twisted together and can run smoothly on their own.

4. Put the ski trainer back to upright position on the floor and securely lock all the bolts to ensure all parts aligned and connected properly.
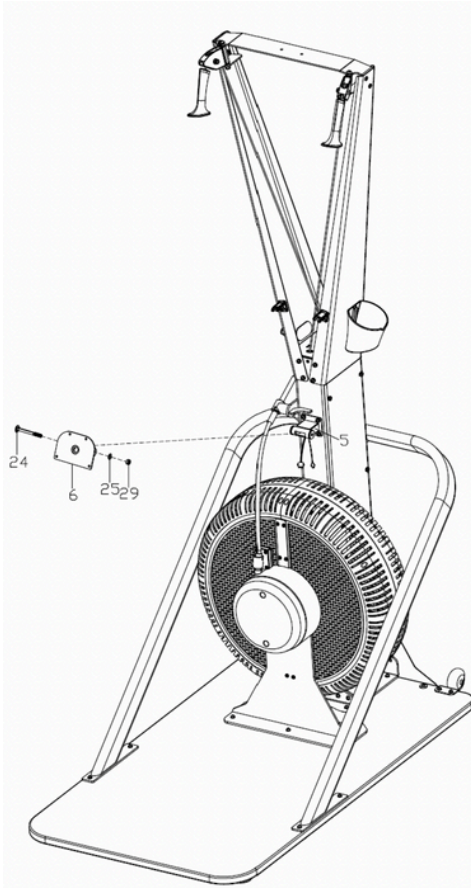
ASSEMBLY STEPS

STEP 5

1. Install the Resistance Control Handle (7) to the left Top Frame with nylon washer (46) on both side, flat washer (85) and Nyloc nut (28)
   - **NOTE** – be mindful to handle direction as shown in the Figure D.

2. Lock the Bottle Holder (4) to the right side of the Top Frame (3R).

STEP 6

1. Pass the Console Wires (54) and Sensor Wire (55) on the Console Mast (5) through the Console Bracket (6), and lock the console mast to the bracket with square head bolt (24), flat washer (25) and Nyloc nut (29).

ASSEMBLY STEPS

STEP 7

1. Connect the Sensor Wire (54) and the Potentiometer wire (55) to the back port of the Console (52) respectively.

2. Lock the Console (52) to the Console Bracket (6) with 4 sets pan head screws (53).
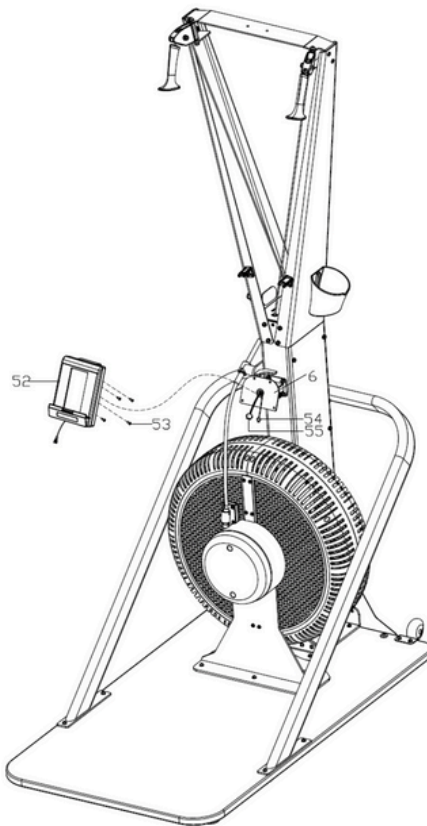
INSTRUCTIONS FOR USE

The STEPR Performance VPR Ski trainer has Variable pitch turbine blades that can be adjusted by the user in order to change the resistance level. This can be adjusted when stationary or while in use.

NOTE: The user will need to slow down the cadence to make it easier to adjust the resistance while the machine is in use.

Adjust gently to avoid potential damage to the adjusting system.

MAINTENANCE

Like any other mechanical cycling device, the STEPR Performance VPR Ski trainer should be maintained regularly.

DAILY MAINTENANCE
- Daily cleaning and inspection, and lubrication will keep the STEPR Performance VPR Ski trainer in optimal condition.
- Listen out for any unusual noise and loose components. Do not ignore but address the issue immediately.
- The following is the recommended maintenance schedule. In environments with severe pollution, the frequency of inspections and maintenance should be increased.

WEEKLY MAINTENANCE
- Clean the frame and plastic surfaces with a soft cloth or brush. Do not use abrasive cleaning materials or brushes.
- Protect all metal surfaces with Lanolin Spray. Spray onto a cloth and wipe surfaces. NOTE – Do not apply Lanoline to handles and/or Foot plates or pedals.
- Clean the console with a soft cloth.
- Check all bearings, pedals, handlebar, seat adjustment knobs/ratchet are still secure and functioning optimally. If required, tighten crank arms, handlebars, footrests/pedals.
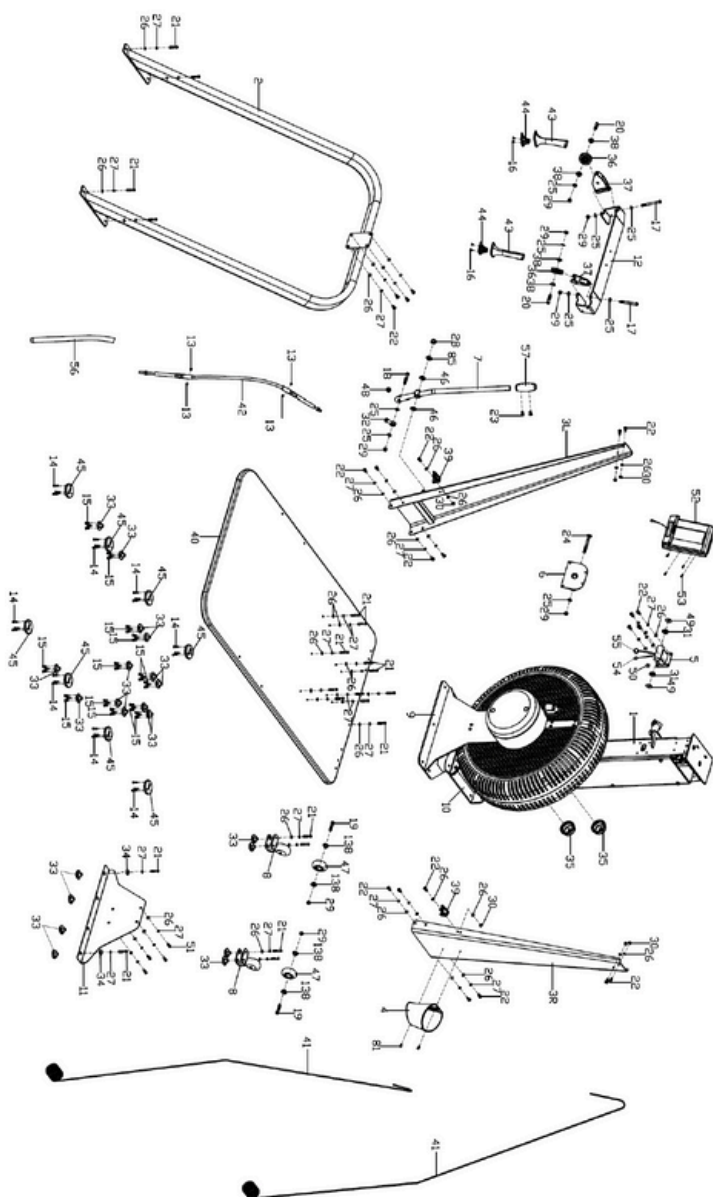
MAINTENANCE

SIX MONTHLY MAINTENANCE
- Check belt tension. Call a service agent if in doubt.
- Inspect main frame bolts.

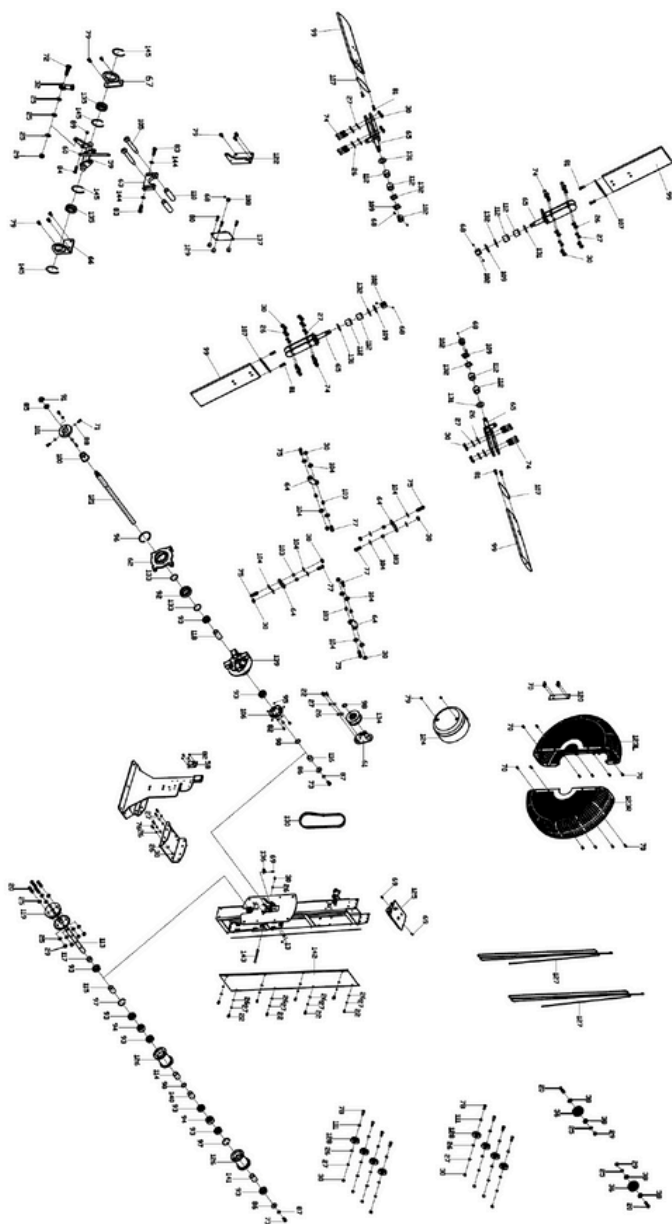## TWELVE MONTHLY MAINTENANCE
- Tighten main frame bolts and feet bolts.

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PARTY LIST

NO.	DESCRIPTION	QTY	NO.	DESCRIPTION	QTY
1	Main frame assembly	1	43	Drive Cord Handle	2
2	U-Frame	1	44	Handle End Cap	2
3L	Left Top Frame	1	45	Cushion pad	8
3R	Right Top Frame	1	46	Nylon washer	2
4.	Bottle Holder	1	47	Transport Wheel	2
5	Console Mast	1	48	Adjusting Handle End Cap	1
6	Console Bracket	1	49	Cushion pad	2
7	Resistance Control Handle	1	50	Wire Grummet	1
8	Transport Wheel bracket	2	51	Pan Head Screw M6*20	4
9	Turbine Support plate	1	52	Console	1
10	U-shape bracket	1	53	Pan Head Screw M4	4
11	L-shape reinforcing plate	1	54	Sensor wire	1
12	Top bracket	1	55	Potentiometer wire	1
13	Flat point set screw M6*6	8	56	Cable/Wire Shield	1
14	Self-tapping screw ST4.2*20	24	57	Alloy Grip	1
15	Self-tapping screw ST4.2*19	39	58	Fixed plate	1
16	Self-tapping screw ST3.5*10	4	59	Turbine control transfer shaft	1
17	Pan Head Screw M8*85	2	60	Potentiometer Linkage Arm	1
18	Pan Head Screw M8*50	1	61	Tensioner Wheel Bracket	1
19	Pan Head Screw M8*40	2	62	Turbine collector	1
20	Pan Head Screw M8*35	8	63	Actuator control linkage	2
21	Pan Head Screw M6*35	21	64	Fin control linkage	4
22	Pan Head Screw M6*15	32	65	Blade Holder	4
23	Countersunk Screw M6*15	2	66	L shape fixed plate 1	1
24	Square bolt M8*85	1	67	L shape fixed plate 2	1
25	Flat washer Φ8.2*Φ16*1.5	22	68	Flat point set screw M4*4	9
26	Flat washer Φ6.2*Φ13*1.5	89	69	Self-tapping screw ST4.2*12	3
27	Spring washer D6	77	70	Pan head with cushion screw	16
28	Nyloc nut M12*H11	1	71	Socket cap screws M5*12	4
29	Nyloc nut M8	15	72	Pan Head Screw M8*30	1
30	Nyloc nut M6	42	73	Pan Head Screw M8*16	2
31	Alloy bush	2	74	Pan Head Screw M6*30	16
32	Joint bearing	2	75	Pan Head Screw M6*23	4
33	T-Nut	21	76	Pan Head Screw M6*23	4
34	Flat washer Φ6.2*Φ22*1.5	2	77	Pan Head Screw M6*18	4
35	Center tap cover	2	78	Pan Head Screw M8*35	8
36	Pulley 50mm	4	79	Phillips head screw M5*10	10
37	Pulley bracket	2	80	Phillips head screw M4*15	3
38	Plastic spacer bush	8	81	Phillips head screw M4*10	10
39	Plastic fixed seat	2	82	Countersunk Screw M5*10	8
40	Main Timber Base	1	83	Hex head bolt M6*20	2
41	Nylon drive cord	2	84	Hex head bolt M5*20	1
42	Resistance Control Cable	1	85	Flat washer Φ12.2*Φ24*2	2

PARTY LIST

NO.	DESCRIPTION	QTY	NO.	DESCRIPTION	QTY
86	Flat washer Φ8.2*Φ25*2	2	118	Spacer bush Φ22*Φ17*49.7	1
87	Spring washer D8	2	119	Timing Belt Pulley	1
88	Spring washer D5	4	120	Shroud Locking Plate	1
89	Nyloc Nut M5	1	121	Turbine Shaft	1
90	Corrugated packing ring	2	122	Fixed plate	1
91	Flange Nut M12*1*H11	1	123L	Left Shroud	1pr.
92	Bearing 6006	1	123R	Right Shroud	1pr.
93	Bearing 6003ZZ	8	124	Decorative cover	1
94	One-way bearing	2	125	Pulley fixed plate	1
95	Magnet Ring	1	126	Rope Spool	2
96	Circlip for hole D55	1	127	Bungee Cord	2
97	Circlip for hole D55	2	128	Pulley 38mm	8
98	Circlip for shaft D17	1	129	Spacer bush Φ6*Φ10*8	3
99	Fan Blade	4	130	Timing Belt	1
100	Guide bushing	1	131	Plastic plate Φ12.2*Φ24*0.5	4
101	Lock Ring	1	132	Plastic plate 19*19*0.5	4
102	Hex head bolt M0*15	4	133	Plastic plate Φ30.2*Φ35.5*0.4	2
103	Spacer bush Φ5.9*Φ7.9*6.3	8	134	Tensioner Wheel	1
104	Flat washer Φ8.1*Φ15*0.7	16	135	Bearing 99502Z	2
105	Shaft shoulder screw Φ10*75	2	136	Sensor	1
106	Timing Pulley Flange	1	137	PCB Board	1
107	Fan Blade Cap	4	138	Bearing 608ZZ	4
108	Potentiometer Pin Collar	1	139	Turbine hub pulley assembly	1
109	Squar Flat Washer	4	140	Spacer Φ22*Φ17.1*21	1
110	Spacer bush Φ10*Φ14*53	2	141	Spacer Φ22*Φ17.1*46	1
111	Spacer bush Φ10*Φ6.1*4	8	142	Main Frame Side Cover	1
112	Needle Bearing NK12/16	8	143	Guide Rod	1
113	Drive Shaft	1	144	Saw teeth locking washer	2
114	Spacer bush Φ22*Φ17*32.7	2	145	Circlip	4
115	Spacer bush Φ22*Φ17*36	2			
116	Spacer bush Φ32*7.5*Φ24*Φ18	1			
117	Spacer bush Φ22*Φ17*14.5	1			

STEPR UNIVERSAL CONSOLE

UNIVERSAL PROGRAMABLE CONSOLE to suit all STEPR Performance Series VPR and AIR machines.

Machine Type programmed in background to automatically activate appropriate machine specific workout performance calculations and display data.

DISPLAY

Auto Start Up with Backlit Screen (2 x D cell batteries).

POWER (Watts) / SPEED (kph/mph)
Simultaneously Displays
- Large Display of Current Operating POWER in Watts on the Bionic, Cycle, Row, Ski and TreadSled Sled Drive. When the TreadSled is being used in a normal Run/Walk mode (without the turbine being activated) POWER SPEED (km/hr, or mile/hr) is displayed, which represents the equivalent speed that would be achieved when running on a flat treadmill without the curve incline, based on the user power actually being exerted to effectively run uphill on the curve (note that the actual raw belt speed is constantly displayed in the bottom left hand console window). The TreadSled automatically reverts to Power (Watts) during the Sled Drive mode, when the turbine resistance is activated. The default POWER SPEED calculation is based on a default user weight of 100kg, so to increase the accuracy of the POWER SPEED metric the user can input their personal body weight by simultaneously holding down the START and CAL buttons,

- modify the kg value using the up and down buttons and then pressing ENTER. This also changes the calorie display from cal/kg to calories.
- Current and Total Workout Average Watts/Speed. Current and Total Interval Workout Watts/Speed.
- Current and Final Max Workout Watts/Speed.

GEAR (Performance + VPR series only)
- Gear level displayed (Levels 1 to 10)
- 100 calibrated finite gear levels calculate watts and other data in the background.

TIME
- Large Workout or Current Interval Elapsed or Programmed Target Time Countdown Display.
- Intra-Interval Rest time counts down
- Displays Cumulative Intervals completed. (interval count ends when STOP button activated to end workout).

INTERVALS
- Programable Interval Work and Rest Time. Activate INTERVAL key to first enter interval EXERCISE time (adjust with the up/down keys), then press ENTER to allow you to enter the desired interval REST time and then press ENTER again. Press START to begin 3 second countdown to begin EXERCISE time countdown.
- Counts Cumulative Intervals completed (interval count ends when STOP button activated to end workout).

STEPR UNIVERSAL CONSOLE

HEART RATE
Current Heart Rate detected from Bluetooth or ANT+ Heart Rate Transmitter.

PACE
- Treadmill/Cycle/Bionic – Pace / KM (1000m).
- Row/Ski – Pace/500m

Average Pace for the entire completed workout is displayed after the STOP key is pressed for a second tie after the workout is initially ended, by initially pressing the STOP key.

DISTANCE
Cumulative or Programmed Target Countdown Meters

RPM / SPEED
- Cycle/Bionic – Pedal Cadence RPM
- Row/Ski – Strokes per minute
- Treadmill – Running Speed (km/hr or miles/hr).

CALORIES
- Cycle/Bionic/Row/Ski – Cumulative or Programmed Target Calories Countdown.
- Treadmill – CAL/KG – Cumulative Calories per kg of body weight. Entering user weight in kg (via START+CAL) changes to absolute cumulative calories.

BLUETOOTH
- Press and hold to activate
- Transmits workout data to third party Apps.

STEPR UNIVERSAL CONSOLE

SOFTWARE UPDATES
Via Bluetooth from file download to email or any message Application.

CALIBRATION
1-99 gear calibration on VPR and AIR models

STEPR UNIVERSAL CONSOLE

NOTE: There is one console for all machines!

MPH to KPH
1. Press and hold ARROW RIGHT key for three seconds.
2. Toggle the value between 0 or 1.
   a. (0)=KPH, (1)=MPH
3. Press ENTER to confirm selection.

CONSOLE MACHINE SELECTION PROCEDURE
1. Press any key to power the console up
2. Simultaneously press and hold ENTER + START keys for 3 seconds
3. Use UP + DOWN arrow keys to select desired machine (see list for relevant machine code)
4. Once the desired machine code is flashing, hit ENTER to select that machine

CALIBRATION PROCEDURE
1. Press any key to power the console up
2. Simultaneously press and hold ENTER + STOP keys for 3 seconds
3. Adjust the turbine pitch to the lightest setting
4. Press ENTER key
5. Adjust the turbine pitch to the heaviest setting
6. Press ENTER key
7. Then wait and the console will restart - the calibration procedure is now complete

STEPR UNIVERSAL CONSOLE

TEST MODE PROCEDURE

1. To enter test mode whereby the console will show 1 to 99 gears as opposed to 1 to 10 gears
2. Simultaneously press and hold ENTER + INTERVAL keys for 3 seconds

Console Software Update (OTA)

CONSOLE SOFTWARE UPDATE PROCEDURE (USING BLUETOOTH OTA)

iOS PROCEDURE

1. Go to Apple App Store.
2. Search for and download the SUNRISE OTA App to your device.
3. Ensure you have already downloaded the latest .BIN software file to your device.
4. Press any key to power the console up.
5. Simultaneously press and hold ARROW UP + ARROW DOWN keys for 3 seconds to enter the program update mode. The console will display OTA once successful.
6. Open the SUNRISE OTA App on your device and allow Bluetooth access when prompted.
7. Click the SCAN BLUETOOTH button. The app will search for nearby Bluetooth devices.
8. Select the available device named CRW-XXXX for pairing. Once successfully paired, a small Bluetooth symbol will be displayed in the upper right corner of the console.

9. Click the START TO LOAD button on the App, then select the relevant previously downloaded .BIN software file for loading.
10. Click the START TO UPDATE button on the App. The console will start updating the new software.
11. When the progress bar reaches 100%, the console will emit a beep and restart, indicating a successful update.
12. Go to the CONSOLE MACHINE SELECTION PROCEDURE above and follow steps 1-4 to ensure the correct machine code is selected to match the machine the console is fitted to.
13. Go to the CALIBRATION PROCEDURE above and follow steps 1-7 to ensure the console is correctly calibrated.

ANDROID PROCEDURE
1. Go to Google Play Store.
2. Search for and download the ANPLUS-OTA App to your device.
3. Ensure you have already downloaded the latest .BIN software file to your device.
4. Press any key to power the console up.
5. Simultaneously press and hold ARROW UP + ARROW DOWN keys for 3 seconds to enter the program update mode. The console will display OTA once successful.
6. Open the ANPLUS-OTA App on your device and allow Bluetooth access when prompted.
7. Click the SCAN BLUETOOTH button. The app will search for nearby Bluetooth devices.
8. Select the available device named CRW-XXXX for pairing. Once successfully paired, a small Bluetooth

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13. Go to the CALIBRATION PROCEDURE above and follow steps 1-7 to ensure the console is correctly calibrated.

1A	Row VPR AIR+	(4 blade adjustable pitch)
1C	Row AIR	(Standard Row - no pitch adjustment)
1D	Row VPR AIR+ SG	(4 blade adjustable pitch with sensor generator)
1F	Row AIR SG	(Standard row – no pitch adjustment – with sensor generator)
2A	Ski VPR AIR+	(4 blade adjustable pitch)
2C	Ski AIR	(Standard Ski - no pitch adjustment)
2D	Ski VPR AIR+ SG	(4 blade adjustable pitch with sensor generator)
2F	Ski AIR SG	(Standard Ski – no pitch adjustment – with sensor generator)
3A	Cycle VPR AIR+	(4 blade adjustable pitch)
3C	Cycle AIR	(Standard Cycle - no pitch adjustment)
3D	Cycle VPR AIR+ LC	(4 blade adjustable pitch with load cell)
3F	Cycle AIR LC	(Standard Cycle – no pitch adjustment – with load cell)
4A	Performance VPR Bionic AIR+	(4 blade adjustable pitch)
4C	Bionic AIR	(Standard Bionic - no pitch adjustment)
4D	Performance VPR Bionic AIR+ LC	(4 blade adjustable pitch with load cell)
4F	Bionic AIR LC	(Standard Bionic – no pitch adjustment – with load cell)
5A	Tread/Sled VPR AIR+	(4 blade adjustable pitch)
5B	Tread/Sled AIR	(Standard Tread/Sled - no pitch adjustment)
5C	Curved Treadmill AIR	(No Turbine/Sled)

5D	Tread/Sled VPR AIR+ LC	(4 blade adjustable pitch with load cell)
6A	Sled VPR AIR+	(4 blade adjustable pitch)
7A	Step/Sled VPR AIR+	(4 blade adjustable pitch)
8A	Total VPR AIR+	(4 blade adjustable pitch)
9A	Upper VPR AIR+	(4 blade adjustable pitch)
10A	Swim VPR AIR+	(4 blade adjustable pitch)
11A	Kayak/SUP VPR AIR+	(4 blade adjustable pitch)

DUTY OF CARE ACKNOWLEDGEMENT

DUTY OF CARE ACKNOWLEDGEMENT: I acknowledge & understand that the fitness equipment being supplied by STEPR to our Facility must be used correctly and that incorrect use could potentially result in injury. Accordingly, as part of our 'Duty of Care', I understand that it is our responsibility to ensure:

1. That all equipment users, prior to using the equipment must receive a comprehensive induction, by a qualified fitness professional, in the correct use and safe operation of the fitness equipment. As part of the equipment induction process, we must ensure that patrons are made aware of the safety 'Warning' labels on each machine and that reference is made to the exercise Instructional Placards' fitted to equipment.
2. It is understood that many of the machines, can be used for a wide range of exercise options, making it impossible to provide an instructional placard for every exercise option & variant. Accordingly, the equipment purchaser acknowledges that it is the responsibility of the exercise facility to instruct and supervise users in the safe, correct and appropriate use of these machines.

PLEASE NOTE – Any piece of fitness equipment is capable of being pulled over if used incorrectly. It is the buyer's responsibility to determine if they wish to fix the equipment to the floor.